

## **COLOUR RUN – TERMS AND CONDITIONS**

### **REGISTRATION**

1. All participants must complete a registration form, or register online with the correct non-refundable registration fee. Adults £15.00 and Under 16s £10.00, Family Two Adults and Two Children) £40,
2. The registration fee contributes largely to the cost of staging the Colour Run. All funds donated or raised in sponsorship go towards patient care provision.
3. An adult guardian must accompany each entrant under the age of 16 for the duration of the Colour Run.
4. Once accepted, your place cannot be transferred to any other person. If you cannot attend the Colour Run, please inform Alice House Hospice.

### **RACE DETAILS**

1. The actual run will start at 1:00pm on Monday 30 August 2021. Depending on numbers we may need to stagger start times.
2. All participants must check in at the registration point.
3. The Colour Run is not a timed event. Participants can run, walk or dance their way round the course.
4. The event will be controlled by a number of marshals. For the safety of yourself, other participants and the spectators, please abide by any instructions issued by the marshals.

### **SPONSORSHIP**

1. Sponsor forms are included in your entry pack and must be returned as soon as possible after the Colour Run, along with all the lovely funds you have raised.
2. Tick the Gift Aid box where applicable, so we can make your donations go 25% further for our patients. Imagine how much more funds the Hospice would receive (at no extra cost to you), if everyone eligible ticked this box.
3. We ask adults to raise a minimum of £25 sponsorship and family's to raise a minimum £50.
4. We ask that all sponsorship and donations are returned to Alice House Hospice by 30 August. By doing so, Alice House Hospice can make sure that we are on target to provide the best possible care to those who need it. You can return your funds via cheque made payable to 'Alice House Hospice,' along with your sponsorship form to Alice House Hospice, Alice House, Wells Avenue, Hartlepool, TS24 9DA. Alternatively you can hand deliver your funds to our main reception between 9.00am to 4.30pm, Monday to Friday.
5. All funds raised by your participation in events in support of Alice House Hospice are raised for the sole purpose and benefit of Alice House Hospice (registered charity no. 501824) and those who receive the support from its services.

## **YOUR SAFETY**

1. For your safety and enjoyment of the event, we ask that you follow and adhere to the instructions given by the event organisers and event marshals.
2. If you are unable to complete the route in full, you must inform an event marshal that you are unable to continue. Assistance can be sought if required. Alice House Hospice recommend that where possible participants should walk with an acquaintance or stay with other participants.
3. Guide Dogs are welcome – no other pets or animals are permitted.
4. The Colour Run involves a level of sustained physical activity. Participants make the decision to take part and must be satisfied that this activity is suitable for them as individuals. Neither Alice Hospice nor its affiliates can be held accountable for aggravation to illness or injury sustained due to participation in this activity. Participants are recommended to seek advice from their medical practitioner prior to taking part in this event, and make provisions to ensure their safe participation. Medical assistance will be available during the Colour Run.
5. Participants are asked to come equipped with whatever necessary clothing, medication and nourishment is required to enable enjoyable and safe participation in this activity. We suggest all participants come equipped with a pair of sunglasses. Sunglasses will be available to purchase on the day.
6. Alice House Hospice reserves the right to cancel this event at any time.
7. Refreshments will be provided at registration. You are welcome to bring your own refreshments to consume on the run, but NO alcohol will be permitted during the run.
8. By taking part, all participants confirm that they are happy for their names and any footage or photographs taken during the event to be used to publicise or report on the Colour Run and Alice House Hospice generally. Should special dispensation be required, it is the responsibility of the participants to inform Alice House Hospice of such requirements.
9. Alice House Hospice reserves the right to update its terms and conditions in relation to the Colour Run at any time prior to the event. All participants will be provided with any updated terms and conditions in advance of the event or on the day of the 5 Colour Run.

## **POWDERED PAINT**

1. The Event Colour throwing powder is manufactured from the raw materials that are approved for use in food and/or cosmetic applications.
2. The Event Colour throwing powder is completely safe and non-toxic. However with any fine powder Alice House Hospice recommend protective measures such as wearing a mask and goggles or similar, to protect eyes and avoid inhaling excessive quantities. Tie hair back wherever possible and protect with a bandana, cap or shower cap. Bleached hair can be more porous and discolouration may occur. The colour is usually washed away with a shower after the event.
3. With a bit of soap and water the colour will wash from hair and skin, a long soak in a hot bath is more effective than a shower in cleaning the skin. In cases of heavy powdering

don't worry if it doesn't come out straight away! Temporary colouration of hair and skin can happen, repeat washing may be necessary.

4. A white t-shirt will be provided to each entrant. Alice House Hospice is not responsible for the staining of clothing.
5. Alice House Hospice also suggest that your transport is protected from the paint powder. For example covering car seats in plastic to avoid participants' cars becoming covered in powder paint.
6. Alice House Hospice requests that participants avoid throwing paint close to vehicles and technical equipment.
7. Event participants bring mobiles phones and other technical equipment at their own risk. Alice House Hospice cannot take responsibility for any damage to personal items.

### **SPECTATORS**

1. We welcome family and friends to support participants and spend a great day at the Colour Run with us. However, powdered paint will travel and you may end up leaving wearing a little bit more colour than you'd planned. Please choose your clothing and spectator spot carefully.

### **COVID**

1. If you feel unwell or show any COVID symptoms, please do not attend.
2. There will be hand sanitiser stations at the event.
3. Depending on numbers we may need to stagger start times.