

# KIDS NEWSLETTER



Issue 1 | July 2020

## WELCOME TO OUR KIDS VERY OWN NEWSLETTER!

*We decided it really is time that we start to 'get in with the crowd' and meet some of you fantastic young people who've been helping Alice House.*

*In this issue you'll meet some amazing youngsters and find out how they've helped the Hospice in their own way.*



*Want to find out how you could help or just looking for inspiration then visit [www.alicehousehospice.co.uk/schoolsyoungpeople](http://www.alicehousehospice.co.uk/schoolsyoungpeople)*



### Lewin Likes A Challenge

*11 year old Lewin Tebuna has been supporting Alice House for many years now. In 2018 he took on an epic Coast to Coast Cycle Ride and this year has already done a Sponsored Head Shave during his 2020 fundraising-fest.*

*He's had fantastic support from his friends and family and has raised almost £8,000 so far for Alice House!*

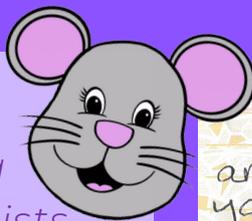
**Thanks Lewin!!**



## Grace took Mini Alice to London

Mini Alice Mouse is really enjoying helping people with their bucket lists and had a busy adventure to Harry Potter Studios in London with Grace Wood in memory of her Auntie Lisa.

Grace wanted to raise money for Alice House and decided to write a letter to help get people to sponsor her, this is what she wrote ...



Hello my name is Grace and I was wondering if you could help me raise money for Alice Mouse on her travels. We are taking her to the Harry Potter Studios in London. It would be a really big help because I lost someone I really loved and I was heartbroken when I lost her. Alice House is such a lovely hospice always willing to help patients (including my Auntie). Thank you so much for reading my letter and donating if you're wanting to  
from Grace Wood  
Class 17



If you want to take Mini Alice on a journey visit [www.alicehousehospice.co.uk/tick-something-off-your-bucket-list/](http://www.alicehousehospice.co.uk/tick-something-off-your-bucket-list/)



## Ollie is Scooter Superstar!

Ollie raised an amazing £320 for Alice House in memory of his Granda Derek by taking part in the 2.6 Challenge during lockdown!

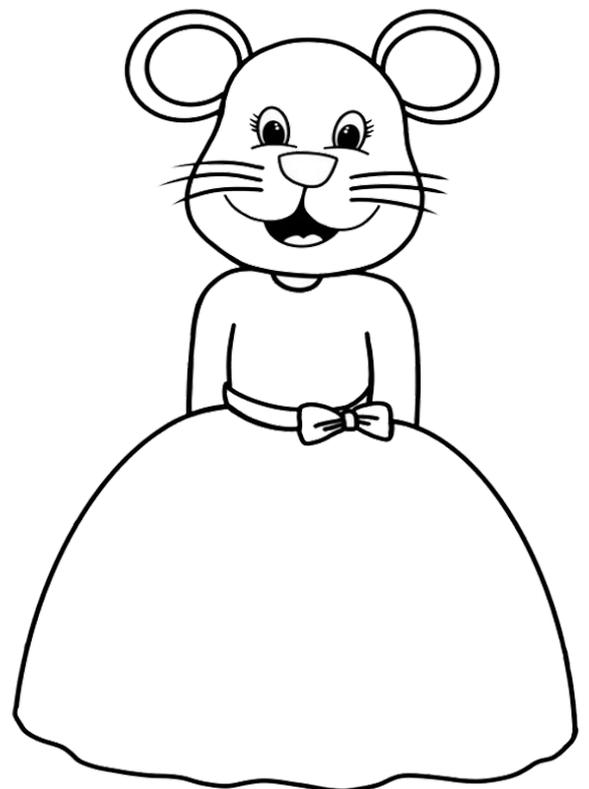
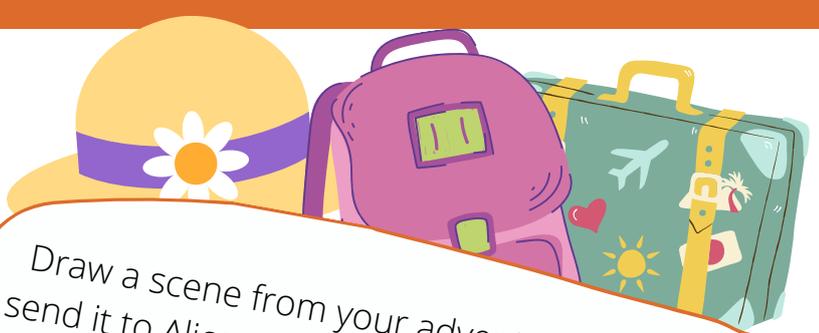
He rode 26 laps around a courtyard on his scooter. Well done Ollie you are a superstar!

Find out about some challenges you could take part in at [bit.ly/AHHChallenge](http://bit.ly/AHHChallenge)



Where would you  
take Alice  
Mouse if you had  
the chance?

Draw a scene from your adventure below and  
send it to Alice and we will feature all pictures in  
the next issue of our Kids Newsletter.



Send your picture to me, Alice Mouse, Alice House  
Hospice, Wells Avenue, Hartlepool, TS24 9DA



# About Alice House



## Who is a hospice for?



A hospice is for anyone who has an illness that can't be fixed.



## What does a hospice do?



It is a place for people to come and rest and get help with their medicines before they go back home.



## Meet Jan



I am part of the Nursing Team, I always knew I wanted to care for others. It's an honour to care for so many people and their families.



## Meet Derek

## Food was my life!



*My cancer affects the long narrow tube which runs from my throat to my stomach so eating is a real problem for me.*

*I am a chef and I miss cooking but the chefs at the Hospice are amazing and I can order anything I want. Food is so important for our nutrition and wellbeing.*

*If everyone keeps giving a little then together we can help the Hospice be here for more people like me.*



# FOOOD!!!



# 'Magic Table'

helps Hospice patients



The 'magic table' at the Hospice helps patients relax and enjoy different games.



Using your hands, the table lets you chase butterflies, do jigsaws and find bees hiding under piles of leaves ... but bashing the moles on the head as they pop out of various holes seems to be the most popular game amongst our patients!



## How do Alice House raise and spend money each year?



1 in 5 care staff are paid for by the Government.

1 in 5 care staff are paid for by our Hospice Charity Shops

2 in 5 care staff are paid for by gifts in wills, Hospice lottery, fundraising, donations and grants.





**Hawkings House at High Tunstall College of Science chose Alice House as their nominated charity for 2019.**

**Wow!**

The school year finished with a Colour Mudder Event, a combination of a Tough Mudder obstacle course and Alice House's own Colour Run. Over 500 students and staff from High Tunstall and their Cluster Primary Partners took part, all cheered on by hundreds of spectators raising a phenomenal £7,000.



## Have your people call our people



Communications Team



Fundraising Team

Whether you're already fundraising or want your school or club to get involved then we would love to hear from you.

We are always on the end of the phone or email!

01429 855555

[enquiries@alicehousehospice.co.uk](mailto:enquiries@alicehousehospice.co.uk)

[www.alicehousehospice.co.uk](http://www.alicehousehospice.co.uk)



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