

# Information for smokers

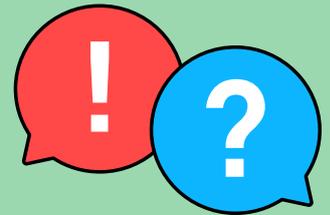


## Can patients and visitors smoke at Alice House Hospice?



Alice House Hospice is committed to ensuring the health, safety and wellbeing of all those who visit and work within the building and grounds. As such smoking (including the use of vaporisers and e-cigarettes) within the Hospice is strictly prohibited.

However, we recognise that patients who are smokers may like to do so whilst at the Hospice. We also recognise that for visitors and families it can be a stressful time, and that they may also like to smoke. Therefore, smoking may be permitted at the Hospice's discretion by using designated outside smoking areas, and by observing the smoking rules outlined below.



### Where can patients and visitors smoke?

Patients may use their patio to smoke if they have one, but must make sure they close their patio door before using a cigarette. If a patient's room does not have a patio they may use the garden or shelter instead.

Visitors and families may use the garden or shelter as well.

If at any time and for any reason smoking activities are causing nuisance or distress (for example by smoke drifting into adjoining open windows) then the patient or visitor will be required to cease immediately.



# Information for smokers



## When can patients and visitors smoke?

During daylight hours, however, when it is dark patients must alert staff they are going outside for their own safety and the security of the Hospice.

No patients or visitors are allowed outside between the hours of Midnight and 6am as the Hospice's security alarm is activated at this time.



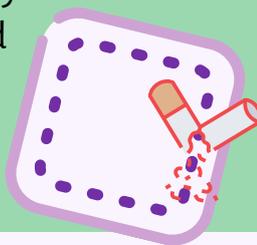
## Can patients go outside to smoke independently?

Ideally patients should be accompanied by a family member or a friend, but they may go independently if they are well enough and observe the Hospice's rules outlined above.



## What happens if patients are not well enough to go outside?

The nursing and medical team will offer nicotine replacement therapy such as patches to help avoid any adverse symptoms of nicotine withdrawal.



## Can you use a vape at the Hospice?

Vaporisers and e-cigarettes are subject to the same smoking rules as outlined above.



**Thank you for your understanding & support.**  
Please speak to a member of staff if you have any concerns.